



CRYC Bulletin

May 2004

Editor: Jeanne Gresdal

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Dedicated to bringing ENJOYMENT to all aspects of boating Check us out at <http://www.crcn.net/~yacht>

Our next Club Meeting will be Thursday, May 20th, 2004 @ 7:30 p.m.

Campbell River Yacht Club 2003

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The Commodore's Message

The Sailpast was a success with what would appear, one small detail... (started too early for some)... our apologies, for whatever reason, I know not what. Those who arrived in time to get organized and start with the fleet looked awesome from "Chase the Wind". The Coast Guard did a great job and it was very much appreciated. Now we look forward to the Gorge Harbour weekend, with the race for those who want to race over and a wonderful weekend of cruising, racing within the Gorge Harbour itself and socializing for the rest of the yachtsmen and families who will venture out for that weekend of fun. Also, for those who don't have to be back at work on Tuesday, a trip to Pendrell Sound for clearing the winter fall of trees etc. on the trails is on the agenda. Let's go and continue what sail boaters are supposed to do... **have a wonderful time!!!**



Getting ready!!

Remember... 90% of being smart is knowing

what you are dumb at..... "  !!!!!!!!!!!

Free Solar Power by the Hour

Photovoltaic Cells (also called solar cells or solar panels) produce electricity from sunlight, free! Oh Ya? Well it becomes almost free given time. Solar Cells are silent, require no maintenance and produce electricity whenever the sun shines. There are three varieties, Monocrystalline, Polycrystalline and Amorphous. Solar panels big enough to be worth the trouble to install will require some sort of charge controlling regulator to prevent overcharging those expensive batteries. Panels are rated in Amperes output while aimed at the sun. This can be converted to Watts of power output and an estimate of Amp Hours per Day can be approximated given enough SUN! Hey it's been lookin mighty fine lately.



Monocrystalline

- uniform dark gray or black cells, have the highest output per area, are the most \$\$ per ampere and they are not flexible.

- best in low light but lose much of their output if one of the cells is in shade and lose efficiency as the panel heats up.

- *Siemens* 3 amps (50 Watts) 24" x 30" @ \$900.00

Polycrystalline

- look like shattered black glass, are slightly more reasonable \$\$ than Monos and can be semi-flexible.

- 15% less efficient than Monos, are also effected by heat, but do not lose as much output when partially shaded.

- *Solara* 2.2 amps (40 Watts) 18" x 29" @ \$700.00

Amorphous

- have a uniform appearance and can be flexible, but are considerably less efficient per area. They lose efficiency in the first few weeks and then become stable. Lose of output in shade is only proportional to the shade and high temperatures have less effect on output.

- *ICP* 1 amp (15 Watts) 13" x 38" @ \$200.00

While Solar panels putout in sunlight, they take some back after dark. Blocking diodes prevent this reverse nighttime flow but also rob power while charging. Some of the newer charge controllers feature a desirable function called a *nighttime dropout*, which senses a negative current flow (night) and disconnects the panel until the positive flow restarts. That sounds way too smart for me.

Sources - West Marine Catalogue, Blue Water Sailing Magazine Nov 2003, Boat Owner's Mechanical and Electrical Manual by Nigel Calder

No Worries Mate!

Gary Wessel



Barbecue and Auction!! On April 15th



Men Cooking!!!



Ladies enjoying!!

Pics courtesy of Hubert Breukers

Ladies Luncheon

Tuesday June 1st, 2004 at 11:30 AM at the Rip Tide.



Ladies Lunch at Fogg & Sudds - April 5th
Pic courtesy of Hubert Breukers



Ladies Lunch at the Beehive - May 4th
Pic courtesy of the editor

Men's Luncheon

May 6th, at 12:30 – The Willows

If you didn't go you missed it!!!



1st Aid Kit Afloat

CONTENTS

SUNSCREEN use lots melanoma is UGLY



PAIN

Tylenol
Ibuprofen better for joint pain or sprains
Tylenol # 3's if you have
chemical ice pack
tensor bandage
Aspirin



CUTS

Band-aids multiple sizes
Antibiotic ointment
Butterfly bandages (or steri-strips)
Gause 2x2's
Tape
1 field dressing
scissors/tweezers
antiseptic towlettes
latex gloves



NAUSEA

Gravol tabs and suppositories
wrist bands
Bonamine
Transderm V-dermal patch
(for 3 day antinausea,
should consult physician.)
Maalox or Tums
Laxative +Immodium

EYES

Visene or Natural Tears
Eyecup
Cotton swabs

EARS

Aralgan



TEETH

Anbesol or oil of cloves
(pain relief for toothache)



ALLERGIC REACTION

Benadryl
I carry an "ANA kit"

HYPOTHERMIA

Space blanket

INSTRUCTIONS

BASIC FIRST AID MANUAL

Personal perscription Medicine

A nice see through plastic container with a fitted lid.

Colleen Kelly



Action Between the Sheets on the race course with Wade Major

Racing Report:

The first race of the season was held on April 17 with four boats participating. It was a beautiful sunny day with light winds for the first hour of the race and then building to 12-14 kts for the remainder of the race. Katana was first over the finish line but Windsong won the race on corrected time. Following are the corrected elapsed times: Windsong – 2:37:42, Katana – 2:39:01, Moderation II – 2:59:55, Darian – 3:03:05. Considering it is 14 miles straight line to go around Mittlenatch and that the trip involved some tacking, a fast trip was enjoyed by all.

The next race will be the Gorge Harbor race as part of getting to the Gorge for the May 24th weekend. Note that start time for this race is **9:30** and not 10:00 as per usual. This means the warning horn will be at 9:20. Boats leaving from Campbell River need to get going really early as there will be a huge ebb to fight and boats from Pacific Playground need to leave the Marina early before the tide drops.

Wade Major



**From the Galley Slaves Pot
Excerpt from Cruising World**



Cuna Crabmeat Pizza

- Crust:
- 3 cups all-purpose flour
 - 1 tblsp yeast
 - 2 tblsp sugar
 - 1 tsp salt
 - 2 tblsp olive oil
 - 1 c warm (110 F water)

In a large bowl combine two cups of the flour with yeast, sugar and salt. With a wooden spoon, stir oil and water into dry ingredients to make a very soft dough. Spread remaining cup of flour onto a flat surface, then pour soft dough onto flour. Knead loose flour into dough until smooth, about 5 minutes. Cover and let rest 10 minutes. Use hands to oil a 13

to 15 inch round pizza stone or pan or a 10 by 15 inch rectangular banking sheet. With oiled hands, place dough on pan and use fingertips to flatten, then gradually stretch dough to edges. Leave dough a little thicker at edges.

Topping:

- ¾ c spaghetti sauce
- 2 c mozzarella cheese, grated
- 2 c crabmeat, cooked
- ½ c black olives, sliced
- 1 can artichoke hearts, sliced
- 2 tblsp fresh basil leaves, chopped*
- 2 tblsp fresh oregano leaves, chopped
- ½ c Parmesan cheese, grated

*or substitute one tblsp each of your favourite dried herbs. Spread toppings on prepared crust in order given. Bake at 450 F for 20 min. or until crust is golden. Expect to receive rave reviews!!



If you want more crabmeat recipes, go to Cruising World's website www.cruisingworld.com and click on People & Food.

<u>Yearly Membership Dues</u>	
Family Memberships are	
CRYC	\$65.00
Fund	
	<u>\$10.00</u>
Family Total	
\$75.00	
Personal Memberships are	
CRYC	\$55.00
Fund	<u>\$10.00</u>
Personal Total	
\$65.00	
<i>Interest from the fund to go to Marine Parks</i>	
Offshore Membership totals are \$42.50 for families and \$37.50 for personals.	
"Off Island and Adjacent Islands" residents.	
Please send cheques to CRYC, 2 - 9082 Clarkson Dr, Black Creek, BC V9J 1B3	
Total Memberships as at May/04 - 33	